

CONGREGATION
BETH OHR
P. O Box 206
Old Bridge, NJ 08857
Phone: 732-257-1523

OHR-BITS

Candle Lighting Times

- February 2
4:58 pm
- February 9
5:07 pm
- February 16
5:15 pm
- February 23
5:23 pm

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OldBridgeBethOhr.org

Volume 4, Issue 2

February 2024—shevat/I adar 5784

“A New Class to Brighten Your Wintry Blues” by Rabbi Joel Mishkin

As of January 24th, we will conclude our exploration of Mussar, the spiritual search for a better self. After many months of closely examining Alan Morinis' book, “Everyday Holiness,” it is time for us, quite literally, to turn the page. Beginning on January 31st I will introduce a new topic for our weekly Wednesday sessions of Adult Education. Using Rabbi David Wolpe's insightful thematic study of King David, titled, “David, The Divided Heart,” we will examine the story of King David as it is depicted in the Hebrew Bible.

I believe that you will find his story most relevant and to

be used as a mirror for our own days as we anticipate the 2024 election year in our nation. All too often King David found himself immersed in moral and ethical dilemmas and while he was mostly successful in his kingly duties, his family life and the tragedies of his relationships with his offspring demonstrate some of the more challenging aspects of trying to govern a nation while having his authority tested. Additionally, the rabbis have a field day in elevating David's stature so that he is not only the author of the Book of Psalms, but also the precursor to the Messiah. In many ways King David is one of



the most interesting and remarkable figures in the Hebrew Bible.

Overall, I believe that you will find this class provocative, relevant and uniquely modern. I hope that you will join me on Wednesday mornings at I am to learn about King David, a leader of Israel who ruled his nation with “A Divided Heart.”



From the President's Desk

Due to inclement weather on Saturday January 20 and Sunday January 21, we made the decision to cancel all Synagogue Religious Services and Events for the weekend. If there is inclement weather forecast before the weekend, Christine will send out an email blast Friday afternoon. She will also leave a message on the telephone answering machine

[(732-257-1523)] so you can check if there are any cancellations. We will continue to have an armed guard at Saturday morning Services and at all Synagogue sponsored events. Insuring your safety is our top priority!. I urge you to continue to support our Services and events.

Check out the February digital edition of JLife New Jer-

sey magazine. Congregation Beth Ohr will be highlighted in the Shul For You section. You can find JLife at jlifenj.com.

Board Meeting

Notice:

There will be an Executive Board Meeting at 7:00 pm and a Synagogue Board Meeting at 7:30 pm on Thursday, February 22, 2024, in the Synagogue.

Sisterhood Membership Meeting Notice:

There will be a Sisterhood Membership Meeting on Sunday, February 4, 2024, at 10:00 a.m. at the Synagogue.

Newsletter Deadline

*The deadline to submit items for the March newsletter is Tuesday, **February 20, 2024**. Please email your articles to Christine on or before that date.*

Schedule of Services

All Friday evening services begin at 6:00 PM via Zoom unless otherwise stated. All Saturday morning Shabbat services are in the Sanctuary and begin at 9:30 AM. Sunday morning minyan begins at 9:00 AM in the Sanctuary. All Adult Education Classes are via Zoom unless otherwise noted.

Schedule of Services

Friday Night Shabbat Services
6:00 pm via Zoom
February 2, 9, 16, 23

Saturday Shabbat Services
9:30 am in the Sanctuary
February 3, 10, 17, 24

Sunday Morning Service
9:00 am in the Sanctuary
February 4, 11, 18, 25

Ritually Speaking—Share A Simcha

The Ritual Committee will honor members celebrating a birthday, anniversary or other simchas once a month at a Shabbat service. Mazel Tov to the following congregants who will be celebrating their simchas during the month of January.

Birthdays

Helen Levine	Feb. 2
Glenda Levenstein	Feb. 4
Lena Cohen	Feb. 5
Phyllis Ward	Feb. 5
Chery Cadel	Feb. 10
Ashna Pincus	Feb. 27

Anniversaries

Ed and Ronnie Mendlowitz	Feb. 13
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National Battery Day

National Battery Day commemorates the birth of Alessandro Volta's birth on February 18, 1745. Volta was a physicist and chemist and a pioneer of electricity. National Battery Day is a perfect opportunity to check or change the batteries in devices that keep you safe—flashlights, smoke detectors, and carbon monoxide detectors, to name a few. National Battery Day is Sunday, February 18, 2024.



Congregation Beth Ohr Memorial Funds

The following is a listing of the tax-deductible contributions to Memorial Funds, and other Funds to which tax deductible donations may be made.

When donating to these funds, please make your checks out to Congregation Beth Ohr and write the fund's name in the memo portion of the check.

David Benish Memorial Fund
Stephen Edwards Memorial Youth Fund
Ralph Karpel Memorial Fund
Elaine Leibowitz Memorial Fund
Herman & Frieda Lipp Memorial Fund
Stanley M. Perlman Memorial Fund
Stuart Polovsky Memorial Fund
Heidi Rogol Memorial Fund

David Benish Memorial Fund

Allan and Linda Benish

Elaine Leibowitz Memorial Fund

Elliot Leibowitz and family

Heidi Rogol Memorial Fund

Elizabeth Balanca, in memory of Heidi Rogol

Lisa Clark, in memory of Heidi Rogol

Mary Alice Dobbin, in memory of Heidi Rogol

Debra and Raphael Krasa, in memory of Heidi Rogol

Ashna Pincus, in memory of Heidi Rogol

Chuck Rogol, in memory of Heidi Rogol, Bertha Rogol, and Mayer Rogol

General Fund

Eloise Honig

Linda and Allen Skupp

Contact Rabbi Mishkin

Office

732-257-1523, option 2

941-518-8864, after hours for
emergencies

By email

rabbijoelmishkin@ gmail.com

Welcome, New Members!

Congregation Beth Ohr
welcomes our new members

Rachel and Max Shapiro
Chris and Lance Hilfman

Program “Tidbits”

“It was delightful,” “This was SO nice,” “We really enjoyed this afternoon,” “What a wonderful experience.” These were just some of the responses of those who attended our Tu B'Shvat Seder. Rabbi Mishkin led the program after we all shared a delicious lunch. We each had our own “Haggadah” and took turns participating in the readings while we ate the foods of Israeli provided by our “chef extraordinaire,” Marty Israel. The wines of Israel were poured, the songs were sung, and everyone had a marvelous time learning about this special day. Don't miss it next year!

Torah Fund Benefactor Announced

Mazel Tov to Roberta Bernstein, who has been selected as Sisterhood's Torah Fund Benefactor recipient for 2024. Invitations for the celebration in Roberta's honor, to be held on Sunday, April 14, 2024, will be mailed soon. Please RSVP upon receipt.

Torah Fund Pin

Women's League of Conservative Judaism's new Torah Fund Pin highlights the word *'arevut*, responsibility. The Torah Fund theme is Kol Yisrael Arevim Zeh Ba'Zeh— *All of Israel is Responsible for One Another*.

Sweepstakes

Be on the lookout! Roberta Bernstein will be calling you for Sweepstakes! If you have any questions, you can reach Roberta at 732-679-4986.



219C Blackhorse Lane, North Brunswick, NJ 08902
1600 Perrineville Road, Suite 26, Monroe Twp, NJ 08831
☎ 732.777.1940 ✉ office@jfsmiddlesex.org

January 22, 2024

Temple Members
Congregation Beth Ohr
P.O. Box 206
Old Bridge, NJ 8857

Dear Beth Ohr Members,

Thank you for your 2023 food donation to Jewish Family Services' (JFS Middlesex) kosher food pantries and Essential Needs Resources Program. From January 1 through December 31, 2023, your generosity made it possible to provide 5,869 bags of emergency food to 3,936 individuals (children through seniors). School supplies (backpacks full of supplies) were provided to 187 children in August and September. Toys and gift cards were given to 186 children for the December holidays.

Ms. R, a 38 year-old divorcee with a pre-teen autistic child, while working full-time, spends an exhaustive amount of funds for medical expenses. Ms. R contacted JFS for help. We were able to provide several bags of food from the kosher food pantry. Ms. R was so thankful that she was able to feed her family and not have to make the choice between new school clothes for her son or purchasing food. Suggestions for JFS workshops that could be helpful to attend, and a legal referral were also provided.



For more than 50 years, JFS has worked to help all individuals and families in need realize an improved life experience at home, in the workplace, and in the community. We pursue these aims by providing effective social services, counseling, and advocacy through responsive, caring programs.

Thank you for helping us transform lives like those of Ms. R and her child. Learn more at www.jfsmiddlesex.org. As always, please contact us if you have any questions or suggestions.

On behalf of our recipients, we extend our deepest gratitude for your contribution.

Sincerely,

Roni Salkin, Executive Director

As per IRS regulations, we verify that no goods or services were provided in exchange for this contribution. JFS is a qualifying 501(c)(3) not-for-profit organization, registered with the Attorney General's Office in the state of New Jersey. Our Federal ID number is 22-2281774.

February Yahrzeits 2024

The actual date that the Yahrzeit is observed is to the right of the name. It is customary to light a memorial candle on the eve of this date and to give tzedakah in the memory of the Yahrzeit. One should recite the Mourner's Kaddish at services the evening before as well as the day of the Yahrzeit. The name of your departed will be read at the Friday evening and Shabbat morning services the week before the Yahrzeit date which are represented by the dates in the columns which are in bold print.

February 2/3

Mollie Honig	2/3
Sydney Lustgarten	2/3
Roberta Persky	2/3
Matilda Schlissel	2/3
Eleanor Weinstein	2/3
Betty Zeidel	2/3
Harold Lowe	2/4
Esther Weiner	2/4
Irving Sanders	2/5
Aaron Shiffrin	2/5
Meyer Benish	2/6
Dorothy Reichbach	2/6
Elaine Stifftel	2/6
Marilyn Bleiweis	2/7
Morris Bleiweis	2/7
Hyman DeMayo	2/7
Rose Fass	2/7
Max Feldman	2/7
Benjamin Glassman	2/7
Jeffrey Lawrence Goldstein	2/8
Mo Leibowitz	2/8
Harry Stadin	2/8
Arthur Wallace	2/8
Harry Weinreich	2/8
Bella Zarfas	2/8
Irwin Daniel Belsky	2/9
Roman Shmoys	2/9
Leonard Stern	2/9
Melanie Strassberg	2/9

February 9/10

Abraham Silverberg	2/10
Yetta Silverberg & children	2/10
Sylvia Spielberg	2/10
Irving Ash	2/10
Ellis Sherman	2/11
Ray Moses	2/11
Sue Cannata	2/12
Bernard Klein	2/12
Louis Schulsinger	2/12
William Silverstein	2/12
Estelle Speert	2/12
Mary Rachel Wilpon	2/12
Bessie Brod	2/13
Philip Goldenberg	2/13
Harry Rauch	2/13
Dorothy Rosencranz	2/13
Morris Liebman	2/14
Shelly Morris	2/14

February 9/10 (continued)

Enny Sheffler Feldstein	2/15
Renee Freedman	2/15
Harriet Glazier	2/15
Anthony Lisanti	2/15
Joan G. Plaut	2/15
Fanny Sapsowitz	2/15
Anna Beer	2/16
Ida E. Berlin	2/16
Brenda Borenstein	2/16
Ernest Deutsch	2/16
Stanley Perlman	2/16

February 16/17

Joseph Rosenfeld	2/17
Rose Spinner	2/17
David Levine	2/18
Anna Schiller	2/18
Minnie Stern	2/18
Elias Berlin	2/19
Michael Katz	2/19
Dorothy Seiden	2/19
Max Berkowitz	2/20
David Betesh	2/20
Martha Blumenthal	2/20
Alvin Levine	2/20
Max Post	2/20
Harry Schwarzwald	2/20
Saul Steinklein	2/20
Harold Berman	2/21
Libbie Gorsky	2/21
Albert Kornberg	2/21
Benjamin Levine	2/21
Myrtle Lynn	2/21
Esther Fantelli	2/22
David Schoenfeld	2/22
David Weissberg	2/22
Rose Winters	2/22
Harry Davidowitz	2/23
William Donenfeld	2/23
Herman Lieber	2/23
Max Strauss	2/23

February 23/24

Joseph Ackerman	2/24
Jakub Grynberg	2/24
Isadore Jaffe	2/24
Joy Rothlin	2/24
Mildred Berman	2/25
Joseph Druckman	2/25
Nathaniel Greenspan	2/25
Louis Lubin	2/25
Frieda Schwartz	2/25
Elaine Jarvis	2/26
Stephen David Edwards	2/27
Marilyn Riley	2/27
Edward Abramson	2/28
Anna Altscher	2/28
Abraham Honig	2/28
Alexander Linz	2/28
Herman Lipp	2/28
Sura Rivkah Polovsky	2/28
Morris DeMayo	2/29
Fred Fritz Freud	2/29
Rose Sklar	2/29
Bernard H. Cadel	3/1
Jack Dlugash	3/1
Esther Egers	3/1
Miles Halpert	3/1
Lori Maiorana	3/1
Minnie Reiser	3/1

Yahrzeit Memorial Fund

We honor the memories of our loved ones whose Yahrzeits are observed during the month of February. We acknowledge the following for their contributions to the Yahrzeit Memorial Fund.

Donated by

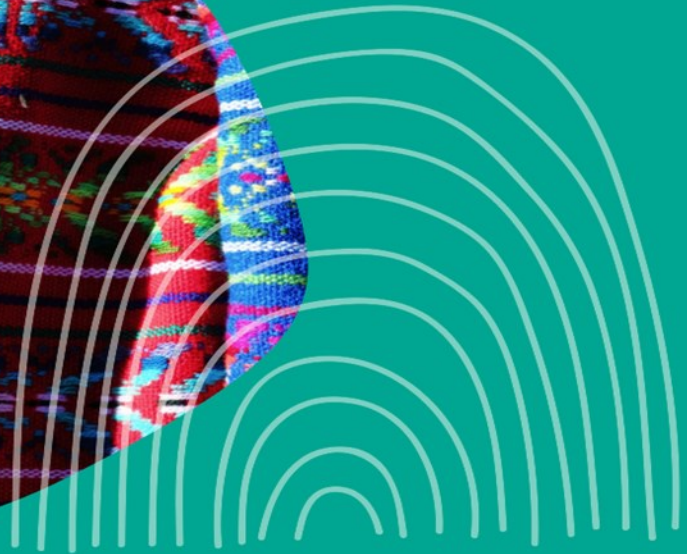
Allan and Linda Benish
Roberta and Larry Fachler
Harriett Feld
Lauren Finkelstein
Eloise Honig
Elliot Leibowitz and Family
Lisa Mason
Harriet and Philip Rabinowitz
Susan and Larry Ross
Melody and Myles Schwartz
Linda and Allen Skupp
Marcia and Perry Trechak

In Loving Memory of

Otto Elkan, Rosemarie Sender
Harry Rauch, Sylvia Rauch
Benny Feld
Leonard Finkelstein
Ephraim (Fred) Ruchelman
Elaine Leibowitz
Karen Belsky, Danny Belsky, Stan Perlman
Joseph Rabinowitz
Rubin Ross
Benjamin Glassman
Louis Schulsinger
Bronia Shindelman, Philip Shindelman, Florence Trechak



Spread Warmth This Winter



**PLEASE BRING IN YOUR USABLE WINTER
CLOTHING AND DROP THEM IN THE BIN IN
THE SYNAGOGUE LOBBY.**



Unfortunately, the war in Israel with Hamas is in its fourth month and many hostages are still being held in Gaza. Many in the world are not being kind to Israel and to us the Jewish people. We continue to pray for those innocent victims and the wellbeing of the hostages and victorious end to this war for Israel and we continue to be grateful to those serving in the IDF and pray for their safety and wellbeing.

Our next meeting is on Sunday January 14th at 10:30. We will have a book discussion on the book Shonda. We have an exciting joint program coming up will be a Zoom program on March 17th at 10:15 and the speaker is Avi Merav originally from Israel who is a retired New York /Cardiothoracic surgeon who served as a doctor in the during the Six Day War and again in 1973 during the Yom Kippur War. His story is riveting, and he kept such amazing records of his experiences with pictures and everything. I truly hope you will all make the effort to join us.

Our temple will be using updated High Holiday prayer books which will be available to be plated for a donation of \$36.00 in Honor Of or In Memory Of... Meryl Finkelstein is the contact for this, and her information is included in this newsletter.

As always, we welcome input from our membership of any ideas that you would like to see from our Sisterhood. Please feel free to contact anyone of the Presidium which is Monica Atzbi, Cheryl Cadell, Barbara Schneider and Liz Aroyo.

Shalom,

Liz Aroyo, Presidium Member

SISTERHOOD NEWS

SCRIP IS BACK IN THE OFFICE

Scrip (grocery store certificates) will again be available for pick up from the Synagogue office. For further information, see the Fund-Raising flyer in this Newsletter.

MEET OUR SISTERHOOD MEMBERS

Our **MEET OUR SISTERHOOD MEMBERS** column is in need of members who would like to share their stories, if interested, please contact Harriet Rabinowitz at harriet.rabinowi@gmail.com.

Sisterhood

of Congregation Beth Ohr



The Great Garage Cleanout: 5 steps to declutter

SUNDAY, February 4, 2024

10:30 AM, virtual

Are you ready to clear out that storage space, reclaim your closet, or get your car back in the garage? Join author & organizer, Jamie Novak sharing her 5 steps to reclaim ANY storage spot that is overflowing with clutter. During the program join Jamie for a tiny tidy-up to get a jumpstart!

Join Zoom Meeting

<https://us02web.zoom.us/j/89830192288?pwd=YS9jZGIQbnRzVWlwdjhlZkZvMzdSQT09>

Meeting ID: 898 3019 2288 Passcode: 088088 Or Dial in: 1-646-558-8656

Optional Donation: \$5 or Be a Sponsor \$15

(all sponsors entered into a drawing at

Installation) Send check payable to

Sisterhood Beth Ohr, to:

Lisa Mason, 11 Drexel Terrace, Monroe Twp,
NJ 08831



SISTERHOOD ON-GOING FUND RAISERS

GOLD CARDS – PAULA YOURMAN

I will be happy to be your Hallmark lady. You can always send your personal cards through Sisterhood by emailing me with the information @ bubbe513@gmail.com or call me at 609-409-0346.

We have cards for speedy recovery, good wishes and remembrance. Each card is \$1.50, which includes the stamp. Some of you believe that cards can only be sent to Temple members, but I will send cards to anyone.

Also, when responding to messages that I send out, I would appreciate it very much if you would respond to me and not to ALL.

If you want a message to go out, please let me know, as I will not send anything out that comes to me second-hand; it needs to come directly from you.

ADDITIONAL DONATIONS

Donations in memory of, or to honor someone, can be made to Sisterhood, Congregation Beth Ohr. You can also donate a Holiday Prayer Book in memory of, or to honor someone, for \$36.00. Your check should be made out to Sisterhood, Congregation Beth Ohr. Please send your donation to: Meryl Finkelstein, 234 Community Circle, Old Bridge, NJ 08857. If you have any questions, please email Meryl at merylrob@aol.com or call her at 732-679-8701.

SISTERHOOD BRICKS

Bricks are available for \$6.00 each to commemorate a death, birth, in honor of, or good wishes. Call Ronnie Mendlowitz at 732-254-1135 or email her at emrmcats@aol.com.

SISTERHOOD SCRIP

Sisterhood sells **Shoprite**, **Stop 'n' Shop**, and **Acme** Supermarket Gift Cards. This ongoing fundraiser helps support various activities of our Congregation. Sisterhood members receive donor credit equal to 5% of their scrip purchase. To purchase Scrip, please contact one of the following people:

Monica Atzbi - 732-390-5890

Sharen Silverman - 732-266-2389

Marcia Trechak - 609-655-9507

Scrip is also available through the Synagogue Office. Please call Christine at 732-257-1523 with your order or email her at congregationbethohr@gmail.com on Wednesday. At this time, you will be able to pick up your Scrip on Thursdays.



Men's Club News

Minyan every Sunday. All are Welcome.

Men's Club Calendar 2024



The Sunday Minyans are in the Synagogue building. Every Sunday we will have Bagels and a schmear, coffee and more. **Join in with us in the Shul.** Services start at 9:00 and end around 9:45 and then the bagels, and camaraderie. If any questions, email or call Ed at emcpal@aol.com or 732 890-3344.

All programs will be in building, Some will also be on ZOOM where indicated.

Coming attractions Programs subject to change.

Weekly: One Minute Dvar Torah emailed every Thursday.

Feb 10: Joint program co-sponsored by Beth Ohr Men's Club at East Brunswick Jewish Center. A Musical Hug from Israel presented by Josh Shron. See info in this newsletter.

Feb 11: Men's Club Ed Mendlowitz 44th Annual Financial Program: 10 **Investment lies and**

what you should really do. FJMC World Wide Wrap with Rabbi Mishkin

Mar 10 Joint program co-sponsored by Beth Ohr Men's Club at Marlboro Jewish Center at 10:00. Speaker is long time sports media personality and author Ed Randall. Details elsewhere in this newsletter. **MINYAN will not be at Beth Ohr; It will be at Marlboro Jewish**

Center.

Mar 17: Sisterhood / Men's Club Joint program. Program sponsored by Herman and Frieda Lipp Memorial Fund in memory of Barbara Lipp. In Temple on Big Screen TV and Zoom for others. Speaker is Dr. Avraham Merav author of *The Making of a Heart Surgeon* (see book cover below) and who served in the 1967 and 1973 wars in Israel.

Apr 21: Men's Club Favorite Passover Memories Program

Apr 22: Siyum for First Born

May 30: Men's Club BBQ and Election

Jun 9: Men's Club Installation

Jun 30: Men's Club Red White and Blue Pancake Breakfast



One Minute Dvar Torah
דקה אחת דבר תורה



Get ready to wrap and roll.

Tefillin Presentation by Rabbi Mishkin at end of minyan on February 11.

Come to the Minyan, learn from Rabbi Mishkin, then have a Bagel and Schmear, and stay for the Financial Program



Visit the website! www.WorldWideWrap.org

THE MAKING OF A HEART SURGEON



AVRAHAM D. MERAV, MD

Men's Club Photo Gallery

The Sydney Lustgarten Mensch Award was presented to
Andy Mendlowitz & Roberta and Larry Fachler
on Sunday January 28



Photo Descriptions

Top: Andy and Roberta and Larry being presented Award certificates. All three recipients together.

2nd: Rabbi Mishkin, Phil Rabinowitz and Mitch Lustgarten with congratulatory remarks.

3rd: Part of the nice crowd that attended. Chuck listening to program.

More Men's Club Photo Gallery



Photo Descriptions

Top: Harriet and Bob Weiss with Marilyn and Morty Kaminetz and Arlene Lustgarten with Harriet Rabinowitz at Minyan before Award program and presentations.

2nd: Taken at Jan 7 pancake breakfast Chefs Lana and Harvey Cohen and Phyllis Ward who did a FANTASTIC job with three types of pancakes. Guest and friend Mark Sadek with Ken Deitz and Phil at pancake breakfast. Ken always wears a different T or sweat shirt—all cool.

3rd: Mel Brandl and Andy wearing Men's Club Hoodies. Another cool Deitz T-Shirt. Phil and Ken with college sweat shirts.

Beth Ohr Photo Gallery



Photo Descriptions

Top: Ken working in Congregation office performing his treasurer's duties. Ritual committee hard at work. Terrie Polovsky on a quick shopping pick up stop.

2nd: 10 guys at a R.O.M.E.O.s lunch at Bagel Boy. Roberta Karpel a week before her World Wide cruise and a week after it started in Hilo Hawaii. .

3rd: Bob and Harriet, Roberta and Eugene Bernstein and Marilyn and Morty at Old Bridge's Ponte Vecchio. Joe Shafran (with shorts) at a color's ceremony at a Disabled American Vets formation.

Alumni News

Each month we will show photos of Beth Ohr alumni which will include those that had their Bar or Bat mitzvah or attended Hebrew School here or who grew up in the area and attended services or Beth Ohr events or programs. This page can only be interesting if photos are sent to Ed at emcpal@aol.com. The more the merrier.



Photo descriptions

Top: Arlene and Mitch Lustgarten at our Shul. Arlene was a Bat Mitzvah at Beth Ohr and her father Hugh Bleweis was a Congregation president. Mitch was a long time Ritual Chairman. Herb and Sue Goldenberg in happy times with their grandchildren. Herb and Sue's three children all had their Bar or Bat Mitzvah at Beth Ohr. These grandchildren are the dividends.

2nd: This photo was mislabeled in last month's newsletter. Shown are Dori and Emily Polovsky in Barcelona. Dori's Bat Mitzvah was at Beth Ohr. Emily's was in Israel. Father Peter was a Bar Mitzvah at Beth Ohr. Proud grandparent and mother is Terrie Polovsky. Sarah Lopez and family. Sarah had her Bat Mitzvah at Beth Ohr. Her mother is Arlene Lustgarten.

Bottom: Patti (Lipp) and Peter Zakow at Michigan Wolverines championship game. Not shown on this page (but shown elsewhere in this newsletter) is a photo of Andy Mendlowitz who had his Bar Mitzvah at Beth Ohr.

EAST BRUNSWICK
JEWISH CENTER



TEMPLE BETH AHM



Congregation
Beth Ohr



A MUSICAL HUG *from Israel*

LEARN ABOUT THE MUSIC
OF ISRAEL RELEASED
SINCE OCT. 7

FEBRUARY
10TH
SATURDAY

EBJC
EAST BRUNSWICK, NJ
7 PM

Israeli music expert and radio personality Josh Shron takes you on a deep dive into the songs released in the weeks after October 7, helping us connect to the vibe of Israel in one of its darkest hours. How is music helping Israelis heal from this unspeakable tragedy? Hear the songs, watch the videos, and be inspired by the remarkable spirit of Israel!



CO-SPONSORED By Beth Ohr Men's Club

Take the Beth Ohr Men's Club Sudoku Pad Challenge

	5							
3		7			9			
	8		3	7	5			
	4				7	8		6
		8					4	
	6				1	5		7
	3		5	4	2			
4		9			6			
	1							

Easy

Puzzle #: 1

Instructions for Sudoku

The digits 1 through 9:
have to appear in each row,
each column and in each box

Beth Ohr Men's Club Triple S Club
Shul, Schmooze & Schmear

For information about the Men's Club email emcpa1@aol.com
Sunday Minyan at 9:00 at Congregation (Every Sunday)
Beth Ohr, 70 Route 516, P.O. Box 206, Old Bridge, NJ 08857

Visit www.shop.minutemanpress.com/sudoku/ for the Sudoku Puzzle solutions.

Solutions to above Sudoku

6	4	5	3	8	7	1	2	9
8	7	1	9	2	4	3	6	5
3	2	9	5	1	6	4	7	8
9	8	6	1	5	2	7	4	3
4	5	2	6	7	3	8	9	1
7	1	3	8	4	9	2	5	6
1	3	4	2	6	5	9	8	7
5	9	7	4	3	8	6	1	2
2	6	8	7	9	1	5	3	4

5	4	3	8	1	6	2	9	7
2	7	1	9	5	3	6	4	8
9	6	8	2	4	7	5	1	3
4	5	7	6	3	8	1	2	9
3	2	9	5	7	1	8	6	4
1	8	6	4	9	2	7	3	5
7	3	2	1	8	9	4	5	6
8	1	4	3	6	5	9	7	2
6	9	5	7	2	4	3	8	1

Try this VERY Easy Sudoku

The solutions are on bottom left (No Peeking)

	4	5				1	2	9
8			9	2		3	6	5
		9				4	7	8
		6	1	5			4	
4			6	7	3		9	1
				4	9	2	5	
1		4				9	8	
5		7		3	8		1	2
	6					5	3	

5	4		8	1	6			7
		1				6		
		8	2				1	3
4	5	7		3		1	2	
	8	6		9		7	3	5
7	3				9	4		
		4				9		
6			7	2	4		8	1

Men's Club Sudoku pads

Available in Easy, Moderate, Hard and Very Hard.

Available at any Sunday Minyan.



Ed to Warn About Investment Lies and How to Protect Yourself

Investment lies are widely prevalent in today's financial system. Ed will discuss some of the top 10 lies investors are subjected to and show ways to avoid falling prey to them.

Some of what Mr. Mendlowitz will cover is how rainy day funds are mishandled in asset allocations, how to get stuck trying to beat the stock market, the myth of individualized investment management accounts, the very high hidden risks in fixed income bond funds, the almost impossible investment account rebalancing, the risks in variable annuities and what annuities are better, why trying to beat the government by taking Social Security early could be a mistake, why the largest organization certifying financial planning professionals sued the U.S. Government to make them cancel a regulation that *its members must act in their clients' best interests* and not their own best interests, the risks with gold and bitcoins (although they should not be compared) and how banks are deceiving their customers with the CDs they sell them.

Ed is angry about these and many other situations and he will provide an inside look of how to not get cheated by the people you are paying for their trusted advice and organizations and how many long-standing investment beliefs are bunk.

This program will be the **44th Annual Financial Program of Edward Mendlowitz, CPA**, Emeritus partner, Withum, Adjunct Professor at Fairleigh Dickinson University, and designated by the AICPA as a personal financial specialist. Ed is the author of 31 professional books and is one of Accounting Today's Top 100 Most Influential People.

The program is sponsored by Congregation Beth Ohr Men's Club and is open to the public and will run for 1 hour. It is free and will be presented on February 11 at 10:15 as a live presentation at the Synagogue building at 70 Route 516, Old Bridge, NJ or can be viewed on Zoom. Zoom log-on:

Minyan at 9:00. Free bagel breakfast at 10:00. Program at 10:15.
Additional information is available by emailing emcpa1@aol.com.

OUR MEN'S CLUBS WELCOME



Temple Beth Ohr

ED RANDALL



SUNDAY, MARCH 10
10:00 AM

MARLBORO JEWISH CENTER
103 SCHOOL ROAD WEST,
MARLBORO NJ

LIGHT
BREAKFAST
WILL BE
SERVED



Ed Randall is a longtime New York radio and TV personality and published author. He hosts "Remember When," a weekly baseball anthology show heard Saturday mornings from 8-10AM on Sirius/XM Radio's MLB Network radio channel 89. He is also on staff at the MLB Network. He hosted the #1-rated "Ed Randall's Talking Baseball" for 17 years on Sunday mornings on WFAN-Radio. A prostate cancer survivor, his most important life's work is as the Founder and Chief Advocacy Officer of Fans for the Cure, a 501(c)3 charity that promotes awareness and education of the disease. fansforthe cure.org

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NOTICE There will be no Minyan at Beth Ohr that Sunday. Instead we are welcome to join the Minyan at Marlboro Jewish Center at 9:00. Afterwards there will be a light breakfast and then the program.

We hope to see you for our 2024 shows!

Tickets can be purchased at www.mstcob.org. Be sure to use the Congregation Beth Ohr discount code, CBO25, when ordering and receive 25% off!

**MAIN STREET
THEATER
COMPANY**

70 County Road 516
Old Bridge, NJ 08857
732-807-1559

MSTCOB.org



Saturday, March 2, 8:00 pm

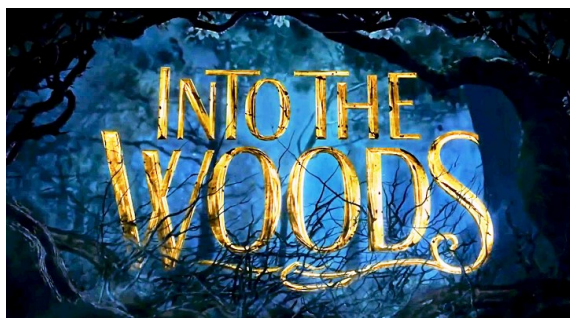
Sunday, March 3, 3:00 pm

Saturday, March 9, 8:00 pm

Sunday, March 10, 3:00 pm

Main Street Academy
Special Performances

Saturday, April 20
3:00 pm and 6:00 pm



Saturday, May 11, 8:00 pm

Sunday, May 12 3:00 pm

Saturday, May 18, 8:00 pm

Sunday, May 19, 3:00 pm